

## “Show Me the Money” Round Two



*Board member Sarah Teichmeier (Ravenna) helped attendees register for the second YAB scholarship event on Sunday, November 4th in Kearney.*

High school students from across Central Nebraska came together on Sunday, November 4th for the second Buffalo County Youth Advisory Board (YAB) scholarship event, “Show Me the Money.”

Attendees sat in on workshops and seminars about how to fill out the FAFSA, apply for scholarships, and build their resume. There was also plenty of time to visit the booths of universities from across the state who were there to answer questions and share information about their schools.

“Attending workshops like this is very important,” said Dr. Matthew Mims. “Filling out the scholarships does not become a priority until you get the bill and by then the application dates have passed. We are happy to offer this workshop so that freshmen and sophomores can start to plan for the future while juniors and seniors begin to take action.”

All students who attended were entered to win scholarships from Buffalo County Community Partners; two \$100 scholarships were given away, one to an underclassman and one to a senior.

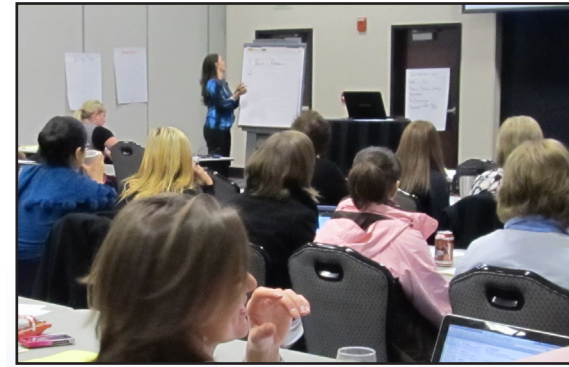
This event was sponsored by Buffalo County Community Partners, Buffalo County YAB, the University of Nebraska at Kearney, Nebraska Counseling Association, Nebraska Professional School Counselors, and Chi Sigma Iota Counseling Honor Society.

Missed the workshop this year? YAB plans to host the event again next fall so be watching for it! Visit [www.bcyab.org](http://www.bcyab.org) for more.



*YAB members David Mueller, Jenna Martin, Molly Klingensmith and Clayton Stoppkotte shared their personal tips about resumes and applying for scholarships in a Student/Parent Panel facilitated by Denise Zwiener.*

## “Stop Bullying Before It Starts” November 13th



*Community members came together on Tuesday, November 13th for a one-day seminar on violence prevention, “Stop Bullying Before it Starts.”*

Sixty people joined together on Tuesday November 13th to learn risk and resilience factors of community violence at a Violence Prevention workshop put on by the Prevention Institute of Oakland, CA.

Participants learned about the step-by-step intervention process of the “Spectrums of Prevention” as well as information about promising strategies to prevent violence, specifically bullying. The event was sponsored by Buffalo County Community Partners and Good Samaritan Hospital. Contact Angie Thompson at [thompsonaj@yahoo.com](mailto:thompsonaj@yahoo.com) to learn more about the new Violence Prevention Coalition and how you can be involved.

## Buffalo County Youth Advisory Board Grows

The Buffalo County Youth Advisory Board (YAB) is pleased to announce the six newest members to join the youth-led, youth-driven board: Nathan Leach (Kearney High School), son of Luanne Erickson; Aubrey High (Gibbon), daughter of Trent High; Anna Ourada (Elm Creek), daughter of Bill and Denise Ourada; Jace Kratzenstein (Horizon Middle School), son of Monte and Lexi Kratzenstein; Masie Dulitz (Sunrise Middle School), daughter of Mike and Dawn Dulitz; and Ralston Ripp (Sunrise Middle School), daughter of Ronette Heinrich.

YAB is a program and a philosophy that recognizes youth as valuable resources in their community and empowers them as equal community partners to bring about positive community change.

For more information, visit the YAB web site at [www.bcyab.org](http://www.bcyab.org) or contact the Buffalo County Community Partners Office at (308) 865-2284 or [info@bcchp.org](mailto:info@bcchp.org).

## Building Healthy Families Program

Beginning in January, there will be a new program open to families and individuals of all ages. This opportunity is a 12 week weight loss program designed for individuals looking to lose weight the healthy way. In weekly meetings designed for family attendance, attendees will receive nutrition education, personal wellness coaching, physical activity and behavior modification tools.

There is limited space available and there will be an informational meeting on Monday, January 7, 2013 at 6 p.m. in the UNK Cushing Coliseum. Preregistration is required, please call 308-865-8336 or visit [www.unk.edu/hpl](http://www.unk.edu/hpl) to register. This program is sponsored by the University of Nebraska at Kearney, Sentinel Health Care and Kearney Public Schools.



PO Box 1466  
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www.bcchp.org

**DONATE TODAY, join us in building a  
healthier Buffalo County community.**

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## Calendar of Events

- **Activate Buffalo County** meets on the fourth Wednesday of the month, 10:00-11:00 a.m., Richard Young Hospital Board Room. For more information: [staff@bcchp.org](mailto:staff@bcchp.org) or [www.ActivateBuffaloCounty.org](http://www.ActivateBuffaloCounty.org)
- **Positive Pressure Coalition** meets on the first Tuesday of each month, 12-1 p.m., Region 3 Conference Room. For more information: [positivepressure@bcchp.org](mailto:positivepressure@bcchp.org) or [www.bcchp.org](http://www.bcchp.org)
- **Buffalo County Tobacco Free Coalition** meets on the first Thursday of each month, 1:15-2:15 p.m., Region 3 Conference Room. For more information: [jbrown@region3.net](mailto:jbrown@region3.net)
- **Buffalo County Health Ministry Network** meets on the second Thursday of each month, 12-1 p.m., Holy Cross Lutheran Church. For more information: (308)865-7741
- **Youth Advisory Board** For more information: [www.bcyab.org](http://www.bcyab.org)
- **Buffalo County Housing Coalition** meets on the fourth Monday of each month, 1:15 p.m., Miller & Associates. For more information: [candy@miller-engineers.com](mailto:candy@miller-engineers.com)
- **Buffalo County Housing Senate** meets on the fourth Monday of each month, 7 p.m., Location TBD. For more information: [candy@miller-engineers.com](mailto:candy@miller-engineers.com)
- **TIPS Trainings** For more information: [positivepressure@bcchp.org](mailto:positivepressure@bcchp.org) or [www.bcchp.org](http://www.bcchp.org)
- **Community Health Access Team (CHAT)** Meets on the third Thursday of the month, 12-1 p.m., Community Partners offices. For more information: [chathub@bcchp.org](mailto:chathub@bcchp.org)
- **Alzheimer's Coalition** Meets on the fourth Wednesday of the month, 9:30 a.m., Community Partners offices. For more information: Alexandra Dillion at [Alexandra.dillion@alz.org](mailto:Alexandra.dillion@alz.org)



2012 ANNUAL FUND CAMPAIGN  
*Building Community Partnerships, Building a Healthier Community*

**Thank You to our November donors. Your support  
will help us reach our \$140,000 goal!**

Dick & Barbara Beechner  
Region 3 Behavioral Health Services



**We wish you a  
Merry Christmas**  
from Buffalo County  
Community Partners



### Partner with us

If you would like to partner with Buffalo County Community Partners through a financial donation you may:

- Contact Denise Zwiener at (308)865-2280 or [dzwiener@bcchp.org](mailto:dzwiener@bcchp.org)
- Donate on our website at [www.bcchp.org](http://www.bcchp.org), Click on the blue "Donate" button

### Our Mission

Buffalo County Community Partners is a county-wide, non-profit organization with a mission to assess, promote and strengthen the health of Buffalo County citizens. Community Partners facilitate change through the recruitment and training of volunteers and the creation of coalitions to impact priority issues that reach all corners of the county.

### Buffalo County Community Partners Contact Information:

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