Renae Zimmer

Renae Zimmer is a co-founder of the LOSS (local outreach to suicide survivors) Team of Central Nebraska and lives in Kearney.  After losing her only sibling, Ryan to suicide on April 1, 2014 as well as three classmates, Renae has made it her life-long mission to bring a message of hope and healing to other suicide survivors.  As a trained volunteer member of the LOSS team, Renae completed QPR and attended the National LOSS Conference in Fort Worth, Texas in 2016, where she met the founder of LOSS, Dr. Frank Campbell. One of her goals is to not only provide resources to families who lose a loved-one to suicide, but establish a connection with them.  Helping is healing, a motto Renae believes in.  Renae believes postvention support is key to the healing process.