

## Home Bound Delivery during COVID-19

- CDC recommends everyday preventive actions for everyone
  - Avoid close contact with people who are sick.
  - Avoid touching your eyes, nose, and mouth.
  - Stay home when you are sick.
  - Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
  - Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
    - If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- Volunteers participating in food delivery should not deliver -
  - If they have a cough, fever, or shortness of breath.
  - If they have traveled out of state, or out of the country within the last two weeks should not deliver food.
  - If they have been in contact with someone who has a cough, fever or shortness of breath.
- Volunteers should encourage home bound person to discard the packaging (cardboard box, or bag) and wash hands after handling the packaging.
- Volunteers should practice social distancing with home bound resident and stay six feet away. Using porches or outdoor space to leave delivery. Do not enter their home. However, social engagement is encouraged within six feet out of doors if weather permits.
- **Report abuse and neglect of older adults and children by calling Nebraska Hotline at (800) 652-1999.**

