

Buffalo County 2030 Vision Data Appendix

Buffalo County Root Causes					
	2010	2012	2014	2016	2017/18/19
Unemployment	4%	4%	4%	3%	3% (2017)
Individuals Under Poverty Level	14%	14%	12%	14%	14% (2017)
Children Under 18 Under Poverty Level	15%	14%	13%	15%	15% (2017)
Median Household Income	\$47,120	\$50,307	\$52,562	\$54,098	\$55,053 (2017)
Average Weekly Wage Rate	\$642	\$670	\$685	\$725	\$766.57 (2017)
Percent in Labor Force	73%	73%	74%	74%	74% (2017)
High School Graduate or Higher	92%	92%	93%	94%	94% (2017)
College Graduate or Higher	32%	32%	33%	34%	36% (2017)
Severe Housing Problems			14%	12%	11% (2018)
Always/Usually Worried or Stressed About Paying Rent or Mortgage	5%	11%		9%	12% (2018)
Violent Offenses	76	53	93	88	103 (2018)
Property Offenses	1125	1099	876	891	960 (2018)
Simple Assault	460	402	405	467	477 (2018)
Needed to See Doctor in Past Year, But Couldn't Because of Cost	8%	11%		10%	18% (2018)
Have Health Insurance	84%	88%		89%	95% (2019)
Have a Personal Doctor or Health Care Provider	79%	80%		78%	77% (2019)
Always/Usually Worried or Stressed About Having Enough Money to Buy Nutritious Meals	5%	4%		6%	15% (2019)
Limited Access to Healthy Foods		7%	11%	11%	8% (2018)
Number of Adults with 4+ Adverse Childhood Experiences:					15% (2018)
Percent of Children Under the Age of Five Living Below the Federal Poverty Level					31% (2017)
Buffalo County Ranking in Overall Health Outcomes					15 (2019)
Tri-Cities Regional Ranking Amongst Peer Regions, Out of 7	<p style="text-align: center;">Growth: 1 Economic Opportunity & Diversity: 1 Other Prosperity: 2 Demographic Growth & Renewal: 2 Education & Skill: 5 Infrastructure & Cost of Doing Business: 2 Quality of Life: 1 Social Capital: 3 Overall Rank: 1</p>				
<p>Sources: 2010 Census Census Bureau American Community Surveys Highway Department Nebraska Crime Commission Community Health Rankings Nebraska Thriving Index Adult Status Questionnaire</p>					

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Youth Reporting Substances are Easy to Obtain - Nebraska Risk and Protective Factor Student Survey															
	8th Grade					10th Grade					12th Grade				
	2010	2012	2014	2016	2018	2010	2012	2014	2016	2018	2010	2012	2014	2016	2018
Alcohol	35%	33%	25%	31%	35%	58%	56%	58%	48%	52%	78%	68%	60%	60%	64%
Marijuana	10%	13%	6%	11%	14%	35%	34%	27%	28%	34%	58%	36%	40%	44%	44%
Prescription Drugs	19%	18%	13%	16%	23%	38%	34%	26%	25%	28%	42%	29%	34%	23%	28%

Youth Access to Alcohol (of those that drank) – Youth Risk Behavior Survey						
Bought It in a Store (Liquor Store, Gas Station, Supermarket, etc.)		5%	2%	3%	2%	3%
Bought It at a Restaurant, Bar, or Club		1%	1%	3%	2%	1%
Bought It at a Public Event		2%		1%		1%
Gave Someone Money to Buy It for Them		22%	19%	19%	19%	18%
Someone Gave It to Me		37%	42%	32%	40%	37%
Took it From a Store or Family Member		10%	9%	13%	11%	15%
Some Other Way		23%	26%	29%	26%	25%
Youth Access to Marijuana (of those that used) - Youth Risk Behavior Survey						
From Home			4%	3%	4%	3%
From a Party or Public Event			9%	8%	8%	5%
I Got It at School			3%	3%	1%	2%
From a Friend or Friend's Home			52%	53%	52%	51%
Someone Else Got It For Me			32%	33%	35%	40%
Youth Access to Prescription Drugs (of those that used) - Nebraska Risk and Protective Factor Student Survey						
From a Family Member Without Permission			28%	25%		20%
From a Party or Public Event			9%	5%		6%
I Got It at School			7%	10%		6%
From a Friend of Friend's Home			33%	32%		36%
Someone Else Got It for Me			24%	27%		33%
Youth Access to Electronic Vapor Products (of those that used) - Nebraska Risk and Protective Factor Student Survey						
Bought at a Store (Supermarket, Gas Station, Vape Store, etc.)					8%	10%
I Got Them From the Internet					8%	2%
I Gave Someone Money to Buy Them For Me					14%	21%
I Borrowed Them From Someone Else					45%	48%
A Person 18 Years Old or Older Gave Them to Me					12%	12%
I Took Them From a Store or Another Person					1%	
Some Other Way					13%	7%

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Buffalo County Adult Risk Factors – Adult Status Questionnaires
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Mental Health	2010	2012	2014	2016	2018
Felt Sad, Blue, or Depressed for 10+ Days in the Past 30 Days	14%	10%		9%	11%
Felt Worried, Tense, or Anxious for 10+ Days in the Past 30 Days	20%	13%		21%	20%
Told by Doctor, Nurse, or Health Professional They Have a Depressive Disorder	14%	17%		14%	21%
Seriously Considered Suicide in Past Year					8%
Attempted Suicide in Past Year					1%
Provided Regular Care/Assistance to a Friend of Family Member in Past 30 Days				16%	20%
Usually or Always Get the Social and Emotional Support They Need					69%

Substance Abuse	2010	2012	2014	2016	2018
Drank in the Past 30 Days	55%	55%		62%	68%
Binge Drank at Least Once in the Past 30 Days	16%	18%		25%	35%
Used Marijuana in the Past 30 days				7%	5%
Used Prescription Drugs (Not Prescribed) in Past 30 Days				4%	6%
Have Ever Used an Electronic Vapor Product				22%	17%
Use Electronic Vapor Product Every Day or Some Days				19%	27%

Physical Health	2010	2012	2014	2016	2018/19
BMI of 30+	31%	31%		30%	36%
BMI of 25-29.9	29%	36%		34%	31%
Participated in Physical Activity Outside of Job in Past 30 Days	77%	78%		75%	76%
Did Not Drink Soda in Past 30 Days		38%		36%	47%
Did Not Drink fruit Juice in Past 30 Days				53%	56%
Ate Fruit at Least 10 days Out of the Past 30 Days		75%		77%	64%
Ate Dark Green Vegetables at Least 10 Days Out of the Past 30 Days	31%	31%		30%	36%
Ate Other Vegetables at least 10 Days Out of the Past 30 Days (tomatoes, lettuce, cabbage, potatoes, etc.)	29%	36%		34%	31%
Told by Doctor, Nurse, or Health Professional They Have Diabetes	5%	8%		8%	9%
Told by Doctor, Nurse, or Health Professional They Have Prediabetes or Borderline Diabetes	1%	5%		7%	7%

Safety	2010	2012	2014	2016	2018
Always/Nearly Always Use Seat Belts When Driving or Riding in a Car	90%	82%		84%	91%
Driven When Have Perhaps Had Too Much to Drink in Past 30 Days	2%	2%		6%	9%
Texted or E-Mailed While Driving in Past 30 Days		35%		37%	54%

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Buffalo County Youth Risk Factors - Youth Risk Behavior Survey

Mental Health	2010	2012	2014	2016	2018
Felt Sad or Hopeless Almost Every Day for Two Weeks or More in a Row	21%	20%	21%	24%	30%
Seriously Considered Suicide in Past Year	13%	14%	15%	16%	20%
Attempted Suicide in Past Year	9%	13%	14%	13%	11%
Electronically Bullied in the past Year	16%	17.1%	15%	16%	15%
Bullied on School Property in Past Year	22%	22%	22%	21%	23%

Substance Abuse	2010	2012	2014	2016	2018
Drank in the Past 30 Days	20%	21%	19%	21%	19%
Binge Drank at Least Once in the Past 30 Days	12%	13%	10%	12%	10%
Used Marijuana in the Past 30 days	10%	11%	10%	9%	9%
Used Prescription Drugs (Not Prescribed) in Past 30 Days			4%	5%	4%
Used an Electronic Vapor Product One or More Days in Past 30 Days			17%	14%	28%
Used Electronic Vapor Product Three or More Days in Past 30 Days	20%	21%	19%	21%	19%

Physical Health	2010	2012	2014	2016	2018
BMI of 30+	8%	10%	10%	11%	11%
BMI of 25-29.9	14%	16%	18%	18%	18%
Physically Active 60+ Minutes Every Day of Past Week	32%	34%	37%	33%	33%
Spend 4 or More Hours on Video Games, Computer, or Smartphone on Average School Day	10%	14%	16%	21%	21%
Spend 4 or More Hours Watching Television on Average School Day	10%	9%	6%	7%	6%
Did Not Drink Soda in Past Week	19%	24%	25%	28%	29%
Drank 100% Fruit Juice At Least Once in Past Week	79%	74%	73%	66%	64%
Ate Fruit At Least Once in Past Week	89%	90%	91%	91%	92%
Ate Green Salad At Least Once in Past Week	63%	64%	58%	62%	60%
Ate Other Vegetables At Least Once in Past Week	85%	85%	84%	83%	83%

Safety	2010	2012	2014	2016	2018
Most of the Time/Always Wear a Seat Belt when Riding in a Car	73%	73%	78%	81%	83%
Texted/Emailed while driving in past month	46%	51%	49%	33%	36%
Rode in a Vehicle After Driver Had Been Drinking Alcohol	20%	18%	16%	17%	15%
Drove After Had Been Drinking Alcohol	6%	8%	7%	4%	3%
In a Physical Fight in the Past Year	21%	19%	18%	18%	17%

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Sexual/Relationship Violence	2010	2012	2014	2016	2018
Have Ever Been Physically Forced to Have Sexual Intercourse When Not Wanted	9%	8%	8%	9%	7%
Have Ever Been Forced to do Sexual Things When Not Wanted in Past Year				9%	9%
Have Ever Been Forced to do Sexual Things by Someone They Are Dating in Past Year		5%	5%	5%	4%
Have Ever Been Physically Hurt by Someone They Are Dating in Past Year	8%	5%	5%	3%	4%
Drank or Used Drugs Before Last Time Had Sexual Intercourse	4%	5%	5%	4%	5%

Perceived Risk from Substance Abuse - Nebraska Risk and Protective Factor Student Survey															
Experiences at School															
	8th Grade					10th Grade					12th Grade				
	2010	2012	2014	2016	2018	2010	2012	2014	2016	2018	2010	2012	2014	2016	2018
Taking 1 or 2 Drinks of Alcohol Nearly Every Day	35%	33%	40%	36%	32%	28%	27%	22%	37%	31%	30%	24%	24%	27%	29%
Having 5+ Drinks of Alcohol 1 or 2 Times a Week	50%	49%	56%	56%	44%	50%	49%	40%	57%	42%	42%	43%	40%	47%	40%
Trying Marijuana Once or Twice	45%	36%	44%	27%		30%	29%	29%	24%		20%	22%	18%	17%	
Smoking Marijuana Regularly	82%	73%	76%	50%	51%	62%	60%	58%	40%	39%	45%	50%	43%	27%	29%
Using Prescription Drugs Without Doctor's Direction	58%	57%	66%	61%	62%	58%	64%	63%	62%	67%	55%	64%	55%	57%	71%

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Youth Protective Factors – Nebraska Risk and Protective Factor Student Survey

Experiences at School															
	8th Grade					10th Grade					12th Grade				
	2010	2012	2014	2016	2018	2010	2012	2014	2016	2018	2010	2012	2014	2016	2018
Grades were A's and B's	81%	79%	85%	81%	78%	81%	77%	79%	84%	79%	75%	84%	81%	81%	83%
Interesting Courses	36%	39%	39%	27%		36%	25%	23%	34%		29%	28%	38%	32%	
Learning Important for Future	78%	72%	73%	64%		55%	55%	46%	58%		57%	48%	40%	49%	
Enjoy Being in School	47%	46%	47%	39%		38%	34%	33%	37%		36%	31%	41%	34%	
Teacher Acknowledgement	74%	73%	80%	78%		66%	61%	65%	73%		76%	75%	67%	75%	
Chances to Get Involved	97%	95%	95%	95%		94%	95%	98%	97%		94%	93%	97%	94%	
Chances to Talk with Teachers	86%	85%	89%	85%		81%	83%	88%	86%		91%	91%	90%	83%	
Feel Safe	91%	90%	95%	93%	91%	87%	92%	88%	89%	84%	90%	94%	91%	88%	88%
Okay to Cheat	13%	8%	5%	13%		32%	24%	25%	23%		31%	28%	32%	25%	
Experiences with Family															
	8th Grade					10th Grade					12th Grade				
	2010	2012	2014	2016	2018	2010	2012	2014	2016	2018	2010	2012	2014	2016	2018
Parents Know Where I Am	93%	94%	94%	94%		90%	88%	91%	93%		80%	86%	89%	86%	
Clear Substance Use Rules	92%	95%	97%	91%		92%	92%	90%	91%		89%	88%	88%	87%	
Help for Personal Problems	84%	82%	89%	87%	84%	74%	77%	79%	84%	80%	79%	76%	78%	82%	82%
Ask About Homework	94%	93%	93%	91%		81%	82%	83%	87%		73%	76%	64%	78%	
Important to be Honest With Parents	93%	93%	95%	92%		85%	87%	88%	90%		85%	86%	88%	86%	
Discussed Dangers of Alcohol	53%	52%	58%	42%	44%	48%	53%	48%	43%	38%	43%	44%	40%	35%	47%
Experiences with Communities															
	8th Grade					10th Grade					12th Grade				
	2010	2012	2014	2016	2018	2010	2012	2014	2016	2018	2010	2012	2014	2016	2018
Hard to Buy Alcohol From Store	90%	88%	89%	88%		81%	86%	85%	85%		82%	88%	82%	83%	
Caught by Police if Drinking		54%	59%	61%			36%	33%	53%			25%	27%	43%	
Caught by Police if Drinking and Driving		77%	80%	80%			63%	62%	77%			56%	53%	72%	
Caught by Police if Smoking Marijuana		67%	72%	72%			43%	40%	56%			33%	35%	48%	
Adults I Can Talk To		68%	77%	67%			64%	65%	64%			55%	68%	53%	

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Youth Protective Factors Continued – Buffalo County Developmental Assets Profile		
Individual		
	2016	2018
I say no to tobacco, alcohol, and other drugs	87%	78%
I tell the truth even when it is not easy	78%	66%
I plan ahead and make good choices	82%	77%
I feel good about myself	71%	63%
I deal with disappointment without getting too upset	54%	48%
I am developing good health habits	79%	71%
School		
	2016	2018
I care about school	73%	74%
I do my homework	83%	82%
I enjoy learning	62%	60%
I feel safe at school	82%	72%
I am eager to do well in school and other activities	87%	86%
I have a school that gives students clear rules	82%	70%
I have a school that cares about kids and encourages them	82%	68%
I have teachers who urge me to develop and achieve	89%	78%
I have a school that enforces rules fairly	71%	56%
Community		
	2016	2018
I feel valued and appreciated by others	67%	63%
I am helping to make my school, neighborhood, or city a better place	62%	58%
I am involved in a church, synagogue, mosque, or other religious group	60%	56%
I am involved in a sport, club, or other group	82%	81%
I am involved in creative things such as music, theater, or art	52%	50%
I have adults who are good role models for me	89%	85%
I have a safe neighborhood	93%	89%
I have good neighbors who care about me	69%	62%
I have support from adults other than my parent(s)	89%	80%
I have neighbors who help watch out for me	59%	53%
Family		
	2016	2018
I ask my parents for advice	63%	60%
I feel safe at home	93%	91%
I am spending quality time at home with my parent(s) when we do things together	77%	63%
I have parent(s) who try to help me succeed	93%	91%
I have a family that provides me with clear rules	88%	85%
I have parent(s) who urge me to do well in school	95%	93%
I have a family that gives me love and support	92%	91%
I have parent(s) who are good at talking with me about things	78%	74%
I have a family that knows where I am and what I am doing	86%	82%
Peer		
	2016	2018
I have friends who set good examples for me	79%	73%
I stay away from bad influences	77%	76%
I am sensitive to the needs and feelings of others	78%	76%
I am developing respect for other people	90%	88%