

# BUFFALO COUNTY **Youth**



https://bcchp.org/assessments/

### **Key Purpose**

Connecting youth across the county to provide youth with a platform to share their voice, a place within the community where they have a sense of belonging, and an opportunity to share resources, data, and trends with local leadership.

### **Community Partners**

- Arram Family Foundation
- Behavioral Health Education Center of Nebraska (BHECN Central)
  Boys Town
- Buffalo County Faith Communities
- Buffalo County FBLA Chapters
- Buffalo County Parents
- Buffalo County Falents
   Buffalo County Schools
- Central Community College
- CHI Health Good Samaritan and Richard Young Hospital
- City of Kearney
- Civic Nebraska
- COMPASS Nebraska
- Families Care
- Inclusive Communities
- Kearney Area Chamber of Commerce
- Kearney Jubilee Center
- Kearney Police Department
- Kearney Salvation Army
- Kearney YMCA
- Livewell Counseling
- McKenna Rae of Hope Foundation
- Nebraska Department of Education
- Region 3 Behavioral Health Services
- Rooted
- The Friends Program
- The S.A.F.E. Center
- Two Rivers Public Health Department
- Union Pacific
- University of Nebraska Kearney
- University of Nebraska Medical Center Kearney
- The World Theatre
- Younes Hospitality

With more partners, too numerous to list, working collaboratively on this issue.



### **Community Challenges**

Youth are reporting that mental health and other preventative resources are **not youth-friendly** or easily accessible.



57%

of youth are 'challenged' or 'vulnerable' in their need to be surrounded by people who love, care for, appreciate, and accept them.<sup>1</sup>

of youth report a loss of a sense of community belonging, adult supports, available programming, and caring neighborhoods to thrive.<sup>1</sup>



of youth report that on an average school day, not including schoolwork, they are spending 3 or more hours getting screen time.<sup>2</sup>

#### **Priority Work**

Building youth-based, youth-led, and youthdriven efforts where youth are empowered as equal partners in community leadership.

- Build and support the Buffalo County Youth Advisory Board (YAB)
- Advocate for public policy change and include youth in community decision making to enhance thriving youth
- Youth lead trainings to increase access to resources
- Teach youth to take action on issues of importance to them

Building connections among people who share the passion to measure, promote, and strengthen community well-being. PO Box 1466, Kearney, NE 68848 | bcchp.org | info@bcchp.org

## BUFFALO COUNTY **Youth**



**6 of 10** Buffalo County high schools are currently

represented on Buffalo County's Youth Advisory Board (YAB).<sup>3</sup>

> increase in enrolled YAB members since 2022.

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Since 2022, YAB's enrolled male members to female members have increased to

1:2 from 1:7

Youth Advisory Board members trained on Narcan use, as well as, QPR suicide prevention training in 2024.<sup>4</sup>

### 240 resources on dating violence were distributed in Buffalo

County high schools by YAB members in conjunction with The S.A.F.E. Center in 2025.<sup>4</sup>

YAB has met with **every Buffalo County state representative** to advocate for public policy change in connection with Nebraska Children & Families Foundation Youth Legislative Days.

#### **Buffalo County Data**

14.9%



are adolescent (10-19 years old) . 8.1% are aged 15-19 and 6.8% are 10-14.<sup>5</sup>

of Buffalo County's population

of youth reported they **'never'** or **'rarely'** have felt they were able to talk to an adult in their family or another caring adult about their feelings, in their life.<sup>2</sup>

of youth report they are **'not at all'** involved in a sport, club, or other group.<sup>1</sup>

71%

13%

of youth report they **'almost always' or 'often'** help make their school, neighborhood, or city **a better place**.<sup>1</sup>

#### Connect

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1. 2023 Strengths and Supports in the Lives of Buffalo County Schools Youth, Based on Results form the Developmental Assets Profile 2023 Puffalo County Youth Pick Pabavioral Survey

2. 2023 Buffalo County Youth Risk Behavioral Survey Results

- 3. YAB Enrollment Records
- 4. YAB Meeting Attendance Records
- 5. <u>United States Census Bureau 2023 ACS 5-Year Estimate,</u> <u>Table S0101.</u>